

States Unite for a Healthy and Fit America!



The National Association
for Health and Fitness *and the*



California Governor's Council on Physical Fitness & Sports

Invite You To Attend An Empowering *National Conference!*

Who is invited...

All Health & Fitness Professionals, Students, Organizations, State Governors' Councils & Coalitions and Community Leaders

What

The 30th Annual National Association for Health & Fitness Conference -
States Unite for a Healthy & Fit America

Networking and sharing in 4 key areas:

1. Youth fitness
2. Diverse communities' fitness
3. Fitness for older adults
4. Physical activity and the environment

Dynamic Speakers:

- Arnold Schwarzenegger,
Governor of the State of California (Invited)
- Jake Steinfeld
California Governor's Council on Physical Fitness
Sponsored by Molecule Design Studios
- Mark Fenton
Public Health & Transportation Consultant
Sponsored by Exel Sports NA
- Dr. Robert Sallis
American College of Sports Medicine
- Barb Harris
SHAPE Magazine
- Melissa Johnson
President's Council on Physical Fitness & Sport
- Jim Whitehead
America College of Sports Medicine
- Sheila Franklin
National Coalition for Promoting Physical Activity
- Bud Harris
Oregon Worksite Wellness
- Andy Dzurinko
Author "Power of Optimism"
- Shellie Pfol
Be Active North Carolina

Where

Knott's Berry Farm Resort Hotel, Buena Park, California www.knotshotel.com
Please contact the hotel for room reservations, mention "NAHF Conference" for special room rates.

When

April 26-28, 2007

For more info about exhibiting or attending, please email the NAHF at: wellness@city-buffalo.org or call NAHF National Office at 716.583.0521 or In Calif. Contact: Diane Sabba (Conference Chair) at 714.345.0120

Presenting Sponsor:



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GENERAL MILLS

Featured Events:

Friday, April 27, 2007



NAHF Gold Star Awards and Dinner

Sponsored by Marketing Werks
www.marketingwerks.com

For Gold Star tickets go to www.physicalfitness.org



CALIFORNIA STATE
FULLERTON

Saturday, April 28, 2007

California State University Fullerton
Titan Kid Healthy Challenge

For conference details and online registration go to: www.physicalfitness.org